

On our way to a healthier campus

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Tulane Campus Health took the American College Health Association's Healthy Campus Pledge and is now considered a [Healthy Campus 2020](#) partner. This pledge demonstrates a campus' commitment toward achieving the Healthy Campus 2020 goals and objectives. In taking the pledge, Tulane University has joined a growing group of diverse, motivated institutions and organizations including many of our [peer institutions](#), working every day to move campuses across our nation toward better health.

Healthy Campus 2020 is the companion to Healthy People 2020, the federal government's health promotion and disease prevention initiative for achieving

better health across the United States. Healthy Campus 2020 provides a framework for improving the overall health status on campuses nationwide. Strategies extend beyond traditional interventions of education, diagnosis, treatment, and health care at clinical levels and involve embedding health into all aspects of campus culture, across the administration, operations and academics.

Scott Tims, assistant vice president for campus health at Tulane, encourages the Tulane community to attend the upcoming Healthy Campus Summit being held on the uptown campus this fall.

“My goal for the summit is to link the importance of health to academic success and provide an overview of the health issues that our students face,” said Tims. “People will leave inspired to bring the discussion of health into their student organization or department to ultimately create a healthier Tulane.”

While no two Healthy Campus initiatives are exactly alike, most include a network of people working toward a common vision, priority health needs of your community, a plan with clearly defined strategies and action steps, community- and individual-focused interventions, and tracking progress.

Becoming a Healthy Campus Partner reflects Tulane Campus Health’s commitment to health and well-being while joining the national movement to create healthier campuses. Tulane Campus Health has been working on Healthy Campus goals and objectives since 2009. Since that time, they have published every other year a Health Report Card that demonstrates how collected data compares to peer institutions.

That data has supported new and updated tobacco and alcohol policies, grant applications, exposure of health promotion, and increased access to health care through the expansion of medical and counseling services to students.

For more information, visit the [campus health website](#).

Related content: [New alcohol policy ready for fall](#)

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