

Doctors to discuss sports injuries and how to prevent them

December 11, 2017 4:45 PM Lauren Cecil
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Sports like volleyball and baseball that require repetitive overhead motion will be the topic of Tulane University's second annual James R. Andrews, MD, Endowed Lectureship in Sports Medicine. The discussion will take place Dec. 15-16 at Yulman Stadium. (Photo by Parker Waters)

Overhead athletes, such as baseball and volleyball players, are uniquely susceptible to arm and shoulder injuries related to repetitive throwing, and Tulane University's second annual James R. Andrews, MD, Endowed Lectureship in Sports Medicine will focus on these injuries and how to prevent them.

The Tulane Department of Orthopaedic Surgery, the Tulane Institute of Sports Medicine and the Tulane Center for Continuing Education will host the lectureship on

Dec. 15-16 at Yulman Stadium.

This event is free to coaches, athletes and parents and brings together the foremost experts on throwing-related injuries, common in baseball, softball, volleyball and football. Physicians and allied health professionals are welcome to attend for a fee, and the event is approved for continuing education credits.

Dr. Ben Kibler, a leading shoulder surgeon, is the keynote speaker for the event. He will be joined by Dr. Buddy Savoie, chairman of orthopaedic surgery at Tulane University School of Medicine; Dr. Mary K. Mulcahey, director of the Tulane Women's Sports Medicine Program; and Kevin Wilk, associate clinical director of Champion Sports Medicine in Birmingham, Alabama. Friday's events include a keynote address as well as lectures on various topics related to injury treatment and prevention in overhead athletes. Saturday's events include a throwing lab with instruction by Tulane coaching staff and players.

Dr. James R. Andrews, who completed his orthopaedics residency at Tulane School of Medicine in 1972, established this lectureship series in 2015.

"Thanks to the wonderful support of Dr. James Andrews we are able to provide a yearly endowed symposium on injury prevention in young athletes," says Dr. Savoie. "This has been a main area of interest for Dr. Andrews as well as the Tulane Institute of Sports Medicine. Tulane is honored to have Dr. Andrews' support in our attempts to keep our athletes safe and injury free."

For more information and to register, [click here](#).

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