TU Wellness and Staff Advisory Council to host intramural staff kickball game

June 17, 2019 3:00 PM Jasmine Davidson today@tulane.edu



TU Wellness and the Staff Advisory Council invite Tulane faculty and staff to join in a game of intramural kickball, the first in a series of intramural games, on July 18 at 5:30 p.m. (Shutterstock image)

TU Wellness and the Staff Advisory Council (SAC) invite Tulane's faculty and staff to have some old-fashioned fun with a new series of intramural games.

Starting next month, the two organizations will host monthly games to bring employees together from across the university to provide a fun, safe and structured experience that promotes physical, mental and social health.

The games will start on July 18 at 5:30 p.m. with intramural kickball on Brown Field, located on the uptown campus between the Diboll Parking Garage and the Reily Student Recreation Center. Free parking will be available in the Diboll garage.

Amy Hurd and Hannah Stiller, SAC Health and Wellness chair and co-chair, respectively, have worked closely with TU Wellness and Campus Recreation to organize the games to encourage faculty and staff to stay active while bridging the social gap between Tulane's departments.

"We don't see most of our colleagues across campus," said Hurd. "We are off in our departments doing our own thing, so this is a good way to get people together to socialize and build a stronger community."

Players are allowed to bring a plus one. All skill levels are welcome, as are spectators. So come out and join your Tulane colleagues for a free game of kickball, prizes, snowballs and tons of fun!

If you have any questions or for more information, please visit the <u>TU</u>
<u>Wellness</u> page or contact Amy Hurd, SAC Health and Wellness Chair, at ahurd@tulane.edu or (504) 314-2828.

Click here to register for the event: https://forms.gle/S3VNjNpzDEhGJdvz5.

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Amy Hurd