

Stronger TUgether Student Voices: Cassidy Frazier

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Stronger **TU**gether
BE COVID **SAFE**



Third-year public health student Cassidy Frazier is a Louisiana native. "New Orleans always felt like home to me, so making the decision to come to Tulane was an easy

one,” she said. (Photo by Sally Asher)

Third-year student Cassidy Frazier works at the Reily Center and is a member of the Shockwave dance team.

Q: What is your hometown and what is your major? Do you live in a residence hall or off campus?

A: I am a Louisiana native, and I graduated from Covington High School. New Orleans always felt like home to me, so making the decision to come to Tulane was an easy one. I’m majoring in public health on the pre-med track, and I will be graduating in May 2022! I currently live off campus.

Q: In your free time, what is your favorite weekend activity? Do you have new hobbies since the pandemic?

A: I LOVE to read and cook. My favorite weekend activities are sitting outside with my housemates, studying or reading, and cooking new meals to share with my friends. These have always been favorite hobbies of mine, but I do them a lot more now since quarantine. I also spend as much time as I can volunteering in the city. This summer, I interned at Eden House, a home for victims of human and sex trafficking. Hearing the stories of the incredibly strong women who reside there had a huge impact on me, and I am so grateful that I could be a part of their recovery and support system.

Q: What has been working for you so far this semester? Is there something you feel particularly good about?

A: I think Tulane has done a great job of making the students feel safe in their classes and on campus in general. I will admit I was a little apprehensive at first returning to campus, but Tulane’s COVID protocols and regular testing help me feel safe. I was also worried about how clubs were going to be able to meet this year, but we have all found creative ways to still be involved with our on-campus organizations while still respecting COVID restrictions.

I work as a Member Services attendant at Reily Recreation, and we have implemented regular cleanings and new social distancing protocols to keep both ourselves and our patrons safe and healthy. I am also the Keep Recruiting Our Phi chairman for my sorority, Phi Mu. My committee and I have found creative ways to

make our new members feel connected to our sisterhood through Zoom movie nights and yoga sessions or fun crafts!

Shockwave and the marching band have been my family since starting at Tulane, and I have so much fun cheering on the Green Wave with them, even though COVID has made that look a little different!

Q: What is your favorite on-campus dining/restaurant to get takeout from?

A: Because I am pre-med and work at Reily, I spend a lot of time on campus! I am always getting takeout from the LBC or PJ's. PJ's breakfast is my favorite, and I could eat Panera's sandwiches for the rest of my life. After Shockwave practices, I like to stop by Provisions to grab a snack. My favorite after-practice snack is dairy-free ice cream, but don't tell my coach.



Frazier and members of the Shockwave dance team warm up before rehearsal on Benson Field in Yulman Stadium. (Photo by Sally Asher)