

## Good for Health, Good for the Gulf

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Tulane Dining Services embarks on the new school year with a new feel, healthier meals and a philanthropic partnership. Dining Services has partnered with a New Orleans company, Two Sprouts, to raise money for coastal relief with “Save Our Coast and Wildlife” T-shirts.



Dining Services will be selling “Save Our Coast and Wildlife” T-shirts to raise money for the Lake Pontchartrain Basin Foundation's Save Our Coast campaign. (Photo from Two Sprouts)

The T-shirts will be sold on the uptown campus at the Lavin-Bernick Center, McAlister's Market and Le Gourmet. To further its efforts, Tulane Dining Services will be collecting donations at all its registers. All the money received through donations and proceeds from T-shirt sales will go to the Lake Pontchartrain Basin Foundation's Save Our Coast campaign.

[Dining Services](#) will greet students and parents during move-in weekend with “Fill My Fridge,” a tent outside Bruff Commons on Saturday (Aug. 21) for stocking up

residence hall rooms with snacks and necessities.

Bruff Commons Dining Hall received a major overhaul this summer with a half-million-dollar facelift, a complete revamp of menu offerings and a new focus on health and wellness, says John Coleman, marketing manager for Tulane Dining Services.

Among the changes at Bruff are a free-flowing salad and deli bar, steamed white and brown rice at the pasta bar and the addition of a new and improved Hydration Station with soda water and the option to add flavor with fresh-cut fruits.

The official grand opening will kick off Tulane's first pep rally of the year on Sept. 1 from 5â€“8 p.m. Tickets for the pep rally's raffle will only be available at the grand opening, Coleman says.

Dining Services also is introducing a new international food offering at the LBC Food Court. Baja Fresh Express serves up fresh Mexican dishes, grill-style, blending the spirit of traditional Mexican cuisine with a new zest.