

The Insider: Is Frisbee the new football?

September 26, 2012 4:00 AM The Insider
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Perhaps the game of [ultimate Frisbee](#) hasn't quite risen to the popularity of football, but members of the Tulane women's Frisbee team say that it's a game requiring as much agility and endurance as other sports.



Tulane women's Frisbee team, from top left: Katie Melder, Emma Trimmer, Kim Diemer, Anna Naiki, Nicole Kuaea, Stephanie Hurwitz, Grace Kenneally. From bottom left: Michelle Park, Annie Mellon, Finley Baba, Hannah Gregory, Mallory West, Caroline Rowley (Photo provided)

The women's Frisbee team started in 2006 with a roster of seven and has since expanded to a team of about 21 active players. Two seven-player squads compete in the game with a high-tech plastic disc on a field similar to football. The object of the game is to score by catching a pass in the opponent's end zone.

This summer, the team qualified for the [regional ultimate Frisbee tournament](#), which required that they [place first](#) among the teams within their section. The section includes schools from Louisiana, Mississippi, Alabama and western Tennessee. Tulane placed 7th out of 10 teams in their first trip to the regional championship.

When asked what skills a Frisbee player needs, four-year team veteran Katie Melder

says, “athleticism, field sense and skills with a disc.”

Mallory West, team captain, says practices have begun for the season and her goal is to build a team that is serious and dedicated to improving their skills.

“We will be incorporating more difficult drills and working on fitness,” says West. “Just as we did last season, we want to make practices more demanding so that every player will be challenged and eventually improve.”

The team practices on Mondays at 7 p.m., Tuesdays at 6 p.m. and Thursdays at 5:30 p.m. Interested players or spectators should contact Stephanie Hurwitz at shurwitz@tulane.edu.

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