

## Jump on it!

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Members of the Sector 6 Flight Krewe bounce in the park's massive open jump field.  
(Photo by Paula Burch-Celentano)

[Sector 6 Extreme Air Sports](#) grants visitors of all ages the chance to defy gravity. Since opening in November 2014, the “world's largest trampoline park” has guaranteed high-flying fun within its 44,000-square-foot facility.

“Sector 6 wants to promote health and fitness while providing something fun for any age group,” says Hamid Thompson, general manager.

Composed of over 60 connected trampolines, the open jump field allows room for endless leaps and bounds, featuring angled wall trampolines and launching decks.

Guests can dive into foams pits, dunk basketballs into 16-foot hoops, play competitive trampoline dodgeball, teeter along slack-lines and swing on a trapeze.

“Many of us have roots in the area and wanted to bring something fun that has been missing in New Orleans for a long time,” Thompson says.

While Sector 6 provides endless opportunities to get active, the safety of visitors remains first priority.

“The safety engineering is everything you don't see. We have very sturdy structures under the trampolines,” Thompson says.

The park also offers unique fitness classes based on rebound exercise ? a trampoline workout that remains low-impact while combining elements of intense cardio, flexibility and strength.

“The SectorFit classes challenge our clients no matter their skill level. We push each individual to the edge of their personal limits helping them reach their fitness goals,” Thompson says.

Sector 6 spreads the joy of jumping beyond the local park through its charitable organization [Jump4Jump](#). For every customer that attends the park's popular Jump4Jump nights, a jump rope is donated to a child in a developing country.

“Our Company created Jump4Jump, and we find different communities in underprivileged areas around the world who could really benefit from the entertainment that jump ropes bring,” said Thompson.

Sector 6 is open Monday through Thursday from 9 a.m. until 9 p.m. and Friday through Saturday from 9 a.m. until midnight.

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